ICPHR Annual Working Meeting Minutes
Berlin, Germany, 4-6 June 2015
Hosted by: Catholic University of Applied Sciences Berlin (KHSB)

Executive Summary

The goals of the meeting were to

- discuss ongoing and new projects
- discuss the consortium structure
- discuss enhancing capacity for ongoing and new projects.

Attendance

The meeting was attended by forty seven new and returning ICPHR members from Austria, Australia, Brazil, Canada, Germany, Mexico, The Netherlands, Portugal, Sweden, the United Kingdom and the United States.

Meeting Overview

The majority of the meeting was spent in small groups discussing current and future projects. Time was also given to exploring emergent issues and strategic planning for the ICPHR.

Projects

PHR with Children (New)
A PHR with Children email group was established to share information. The points discussed at the Berlin AWM will be circulated for further input and they may be posted on the ICPHR website. It is anticipated that after the meeting in Malmö there will be progress toward writing a book chapter, a position paper or a journal article (roles and responsibilities to be determined next year).

ICPHR Empowerment Group (New)
The group was formed to define what empowerment in PHR is. An article shall be drafted by the next AWM in Malmö. The focus of the article will be on:

1) The lack of power experienced in times of ill health and the issue of empowerment in health, more generally
2) How traditional research prevents empowerment through stigmatization
3) Current political/policy context: How the neo-liberal economy uses empowerment to blame patients for not taking responsibility for their own health. There is also the issue of “healthism,” which promotes the adherence to certain norms of a healthy lifestyle.
4) The opportunities presented for promoting empowerment

Special Journal Editions (New)
The aim is to publish special issues of the Educational Action Research Journal and the International Journal for Public Health on the topic of impact in PHR

Steps to be accomplished by next AWM:

1) Calls for both journals
2) Completion of article selection and editing for EAR
3) Considering special editions in other journals

Health, Equity, Poverty, and Participatory Research with Seniors (New)
Steps to be accomplished by the next AWM:

1) Case sampling from different countries on participatory health research with seniors, starting with the members in the group formed at the meeting. Compare the countries on similarities and differences.
2) Student involvement from each country on collecting stories regarding how participation of seniors evolved over time

Ethics
This project is about putting ethical issues on the agenda for the planning and implementation of participatory health research. The next steps are:

1) Writing an article on boundary issues in PHR for the Journal of Empirical Research on Research Ethics
2) Co-editing a book with cases & commentaries on the different aspects of ethics in PHR
3) Continuing to collect ethics cases for the ICPHR website which can also be used for the book.

Online Short Course
In addition to the regional on-site courses on participatory research methods (see the ICPHR website), there will be an online course hosted by the International Office at Central Queensland University (Australia).

Building Stories
Learning from each other’s experience is an important goal of the ICPHR. To this end, an oral history project will be conducted with the results being published in a peer-reviewed journal. Over the longer term a repository will be developed to collect and summarize the experiences of the members. Story collection has begun.

Methodology/Theoretical Foundations.
The different traditions, concepts and frameworks used by ICPHR members regarding methodology and theoretical foundations for PHR will be identified and discussed. A short online survey will be implemented in order to collect information on the various theoretical approaches and methods used.

Evaluation/Methods and Tools.
Participatory evaluations are not only a part of PHR, but also PHR projects themselves need to be evaluated. The existing literature and tools for evaluating PHR will be reviewed and the results will be posted on the ICPHR website. A large cross-sectional study was conducted in the US, resulting in the development of a model for evaluating PHR projects (see the ICPHR website). This model is available in English and Spanish and will be translated into German. An e-mail list will be developed to circulate questions and resources/publications to members of the project group.
Emergent Issues

Increasing Diversity in the ICPHR
- We will work together to engage more people from the global South in the work of the ICPHR
- We will strive to make explicit the different perspectives among the members
- We will seek partners among ICPHR members from countries other than our own for collaborative projects
- We will work together to engage more non-academics and practitioners in the work of the ICPHR

Ideas for Promoting Better Follow-through in Projects of the ICPHR
- Getting commitments at the end of the annual working meeting
- Sending reminders from the Central Office and from the group facilitators
- Establishing personal connections
  - do things in twos
  - work in smaller groups
  - build trust
  - reciprocity (what you can gain is made explicit, meaningful for all partners)
  - communicating what you can’t do
- Making a connection to one’s own ongoing work
- Making a strategic choice for participation at the annual working meeting
- Building in seminars on PHR as part of one’s teaching
- Working within language groups
- Looking at the resources available
  - incorporating work with the ICPHR in grant applications
- Acknowledging the capabilities of all partners in their contexts
- Building on shared agendas and shared issues, joining around a topic
- Using web connections and other media for conferences
- Naming a person to be responsible for coordinating the work
- Setting and holding to deadlines
- Keeping track of ideas on how to connect to one’s own work
- Making field visits to each other
- Identifying concrete aims/products
  - e.g. smaller papers
- Identifying small aims/small steps
  - e.g. smaller papers
- Involving different groups to participate, e.g. practitioners, community partners
- Creating different products relevant to different groups
- Connecting to national and regional networks

Meetings
The AWM 2016 will take place in Malmö (Sweden).

Please email andreas.bethmann@khsb-berlin.de if you have questions or concerns about these minutes.