



**International Collaboration for Participatory Health Research**  
**Annual Working Meeting 2018 – Social Itinerary**  
*Updated*

**Thursday June 21st, 2018 Things to do:**

**Edmonton's Indigenous Peoples Festival** : 11:00 am - 8:00 pm ; Victoria Park :Mainstage concerts, 2:30 - 8:00 pm; Community agencies, artisans and food vendors open all day: <http://www.eipfestival.ca/> None of the transit options will work from the University. The best option is to take the LRT to Grandin station and then walk down to the Park via 110 st and the stairs by Golf Club turning right at the bottom.

**Make Music Summer Solstice Festival** 124th St various locations from Jasper Avenue to 110 Avenue: <https://northglenora.org/2017/06/june-21-make-music-edmonton-124-street/>. Take the 128 or 130 bus from the University or walk across the river uphill along Victoria Park Road and up the stairs to 100 avenue. Alternatively take the LRT to Corona and the number 5 bus going west. There will be lots of evening food options along 124<sup>th</sup> Street

**The Works Art & Design Festival** (June 21st - July 3, 2018; Central Plaza Alberta Legislative) <http://www.theworks.ab.ca/>

Bus times and routes are to be found at: <https://www.edmonton.ca/edmonton-transit-system-ets.aspx> Buses are a flat fare of \$3.25, cash only. You can also buy tickets at various outlets (for example, Sobey's near the University).

**Freewill Shakespeare Festival** (June 19th onwards; Hawrelak Park Heritage Amphitheatre) Open Air Theatre alternative nights: Comedy of Errors and Hamlet; 8 pm weekdays as well as 2 pm Saturdays and Sundays. Walkable from the University Campus.

**Eat/drink:** There are a number of eateries around or on 109 Street recommended:

- Noorish Cafe (a must for vegans and vegetarians)
- The Sugar Bowl (a pub popular with students that does food)
- Rosso Pizzeria
- High Level Grill (has good vegetarian options)
- Three Boars Eatery

- Cafe Leva (pizzas and salads open until 9 pm) on corner of 112st/86th Avenue

There are also many restaurants on Whyte Avenue (7 Avenue), mostly on the north side from 109 to 102 Streets including Cafe Mosaics which is near 109 St, another vegetarian/vegan restaurant. Further along you can get food from all round the world depending on your taste. Finally downtown there are a number of restaurants depending on your pocket which can be accessed via the LRT. The best area is around 104 street and Jasper Avenue. Favourites include: Sabo, Zinc, Tres Canales Taqueria.

### **Friday June 22nd, 2018**

**2.00 pm** Meet together at the South Entrance of ECHA.

#### **Option 1:**

2.00 pm – 2.45 pm walk to Strathcona

**Arrive** at the Regular one-way trolley ride from Terminal at Gateway Blvd (103 St) at 84 Ave (non-charter). Cost: \$3.00 one way, \$6.00 return

River Valley Historic Walking Tour via Legislative Building complex and the Funicular return via LRT from Central. Map will be provided

#### **Option 2**

2.00pm LRT for an Art Gallery of Alberta visit, Citadel Theatre Complex and coffee/tea break in Churchill Square

#### **Then:**

7.30pm Group Dinner at Upper Crust near the University Campus  
10909 - 86 Avenue, \$35.00 pp

### **Things to see and do before or after the AWM (in addition to some specified above)**

**Edmonton International Jazz Festival** (June 22nd - July 1st; various locations)

<https://www.edmontonjazz.com/>

**Visit by Bus: The City of St Albert (approx. 1 hour journey):** an early French settlement now a small suburban town with nice walks, a small botanic garden and an interesting historic site

**Fort Edmonton Park:** An outdoor museum, well worth a visit to understand the history of the area; open 10-3pm every day in June. Take the no 4 bus towards Lewis Farms.

**Muttart Conservatory:** Either No 7 bus from University Transit Centre and 14 mins walk or LRT to Central plus 25 min walk via Funicular Railway.

**West Edmonton Mall:** a one off experience of consumer culture, a waterpark and much else. Bus 4 towards Lewis Farms

**Walk** the trails in the **River Valley and Hawrelak Park**

Take the guided tour of the **Legislature**

Take tea in **Rutherford House Provincial Historic Site** (on the campus)

**Wander** through Strathcona and along Whyte Avenue for a variety of small shops including a number of second hand book shops, restaurants, an alternative cinema and a Farmers' market on Saturday 8am-3 pm

**By Car:**

- 25 -30 mins to the East: Elk Island National Park, famous for its bison herd
- The Ukrainian Heritage Village: an outdoor museum of early settlers to the area see <https://ukrainianvillage.ca/>
- 25-30 mins to the South West: University of Alberta Botanic Garden
- 4 hours to West: Jasper and the Rockies
- There are some tour operators for the above.

