

BM6022 - Intro to Participatory Health Research

May 4 – 31 | Offered Online with one virtual meeting scheduled on May 18 from 11AM-1 PM
(3 ETCS credits)

Module Leader:

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Office Hours:

Email for appointment.

Brief Description:

Participatory health research (PHR) integrates the translation of knowledge into practice by generating evidence that emanates from the setting or practice where it will ultimately be applied, making it much more relevant to end-users. This module is an introduction to involving patients, providers, decision makers, communities or any other members of the public in participatory health research. It offers an overview of the scholarship and practice of PR and introduces current issues. Course readings explore theory and offer examples of contemporary usage in community, clinic, and in knowledge translation. The course has been developed from Canada's *Guide to Researcher and Knowledge-User Collaboration in Health Research* (<https://cihr-irsc.gc.ca/e/44954.html>).

Learning Outcomes:

This module is an introduction to participatory research in the health sciences. Its intention is to give an overview of the principles and practice of PR, and to expose students to current issues.

Participatory Research is an approach to conducting research where researchers work in partnership with the intended users of the research products - which can include patients, health professionals, organizations, policy makers, community members or entire communities. The Royal Society of Canada has defined participatory research as systematic investigation, with the collaboration of those affected by the issue being studied, for purposes of education and taking action or effecting change. The equally important goals of participatory research are to answer important health questions and benefit the partners in the research process, while developing valid knowledge that is applicable to other settings. Significantly for primary care, participatory research integrates knowledge translation (KT) by involving those who need to act on or implement the findings as full partners throughout the process.

Course readings will follow eight (8) of the learning modules from CIHR's *Guide to Researcher and Knowledge-User Collaboration in Health Research*. This will provide a primer for exploring the conceptual and practical underpinnings of PR as well as examples of its contemporary usage in community, organisational and clinical settings. The relationship between PR and knowledge translation will be introduced and explored. This overview course sets the foundation for students to continue on to other PR and PPI modules on offer, in which these topics will be explored in more detail, and students will have the opportunity to work through their own actual PR projects.

Upon completion of this course, the participants should be able to:

- Describe the foundations of participatory research

- Understand how participatory research integrates the translation of evidence into action
- Identify and engage research partners in both community and clinical settings
- Develop a research agreement
- Develop a participatory research proposal

Evaluation:

- Participation in Discussion Board **10%**
- Stakeholder Discussion **10%**
- Stakeholder Virtual Meeting **20%** (May 18th 11:00-13:00)
- Student Video Project **30%** (Due Tues. May 26 @ 5pm)
 - Peer feedback **10%**
- Final Quiz **20%**

Course Content:

This online course contains several modules and activities that will be released each week.

Week 1:

Module 1: Introduction

First Quiz

Module 2: Participatory Research

Module 3: Knowledge Translation / Integrated Knowledge Translation

Module 4: Research Partnerships

Readings

Discussion Forum

Week 2:

Module 5: Collaborative Research Design

Module 6: Governance and Ethics

Readings

Stakeholder Discussion Forum

Week 3:

Stakeholder Virtual Meeting

- **Zoom – Workshop Exercises Live (May 18, 11:00-13:00)**

Module 7: Maintaining Partnerships Over Time

Module 8: Dissemination and End-of-Project KT

(Student video project assigned)

Readings

Week 4:

Student Video Project (Due Tues. May 26 @ 5pm)

Final Quiz

Required Readings

All readings are available on the BM6022 SULIS page.

Weeks	Section/module	Pages from the IKT chapter + other reading
Week 1 May 1-5	Introduction	Macaulay BMJ 1999 + Preamble2009.pdf
	Knowledge Translation (KT)-Integrated KT	Chapter pages 18-20
	Principles of Participatory Research	Chapter pages 21-22
	Identify and recruit research partners	Chapter pages 23-31
	Taking stock of barriers and facilitators	Chapter pages 31-36
Week 2 May 8-12	Engaging in collaborative research design	Chapter pages 36-39
	Governance, Ethics and agreements	Chapter pages 40-50
Week 3 May 15-19	Maintaining partnerships over time	Chapter pages 50-54
	End of Project KT: Dissemination	Chapter pages 54-56
	Final reading	Epilogue2009.pdf
Week 4 May 22-25	No readings	No readings