# **Travelling to Galway**

Galway is situated on the West Coast of Ireland and is easily reached by air, ferry, train, bus or car or a combination of these. As a major tourist attraction, there are many well-developed transport options available.

## **Airports**

Ireland is served by two major low-cost national airlines – Ryanair and Aer Lingus – as well as dozens of international carriers, and boasts international airports in Dublin, Shannon and Knock.

There are daily direct flights to Ireland from a wide range of cities in the UK, Europe, and the US, along with flights from the Emirates.

#### Rail Service

Irish Rail offers 9 daily train transfers from Dublin City (not airport) with travel time from 2 hrs 10 minutes to Galway.

#### **Buses and Coaches**

Bus Eireann, GoBus and Citylink offer frequent, cost effective bus services. All coaches are fully air-conditioned and enabled with free Wi-Fi.

## By Car

Distance by Road:

- Dublin Galway (218kms) 2hrs 50mins
- Limerick Galway (104kms) 1hr 30mins
- Cork Galway (204kms) 3hrs
- Sligo Galway (140kms) 2hrs
- Shannon Galway (86kms) 1hr 15mins
- Belfast Galway (308kms) 4 hrs 30mins
- Knock Galway (72kms) 1hr Galway.

For more detailed information on access to Galway, please visit www.nuigalway.ie/events/traveltogalway/

## **Accommodation**



Galway is well served for accommodation with a wide range of hotels, guest houses and bed & breakfast options and many of these are within walking distance of the conference venue. Please note that the city is a very popular tourist destination in the summer and it is advisable to make reservations well in advance.

### Hotels

#### The House Hotel

Address: Spanish Parade, Latin Quater, Galway City,

Phone: +353 (91) 538 900 E-mail: info@thehousehotel.ie

Web: http://www.thehousehotel.ie/

A number of rooms have been held at the agreed rate of €89.00 (single) B&B per night and €109.00 per room for 2 people BB. Please contact the hotel directly to make a reservation. To take advantage of the special rate we have obtained for those attending the conference, please state the booking reference number 013235 when you e-mail or telephone.

Harbour Hotel

Address: New Dock Road, Galway City, H91 E9PR

Phone: +353 (91) 894800 E-mail: stay@harbour.ie Web: http://www.harbour.ie

Room rate €129 B&B per night

Jurys Inn

Address: Quay Street, Galway City, H91 E8D7.

Phone: +353 (91) 566444 E-mail: ireland@jurysinns.com

Web: http://www.jurysinns.com/hotels/galway

Room rate €139 B&B per night

## **Guest Houses**

## **Ash Grove House Galway**

Address: Newcastle Road, Galway City

Phone: +353 (91) 581 291

E-mail: <u>info@ashgrovehousegalway.com</u>
Web: www.ashgrovehousegalway.com

Room rate €60 B&B per night

## Hostels

#### **Snoozles Hostel**

Address: Foster Street, Galway City

Phone: +353 (91) 530 064 E-mail: info@snoozleshostel.ie

Web: http://www.ashgrovehousegalway.com

Room rate: €25-35 per night B&B

### **Kinlay Hostel**

Address: Eyre Square, Galway City

Phone: +353 (91) 565 244 E-mail: <u>info@kinlaygalway.ie</u> Web: www.kinlaygalway.ie

Room rate: €20 per night B&B

Alternatively, please see www.discoverireland.ie/west where you will find information on local accommodation.

## **Social Events**

## Walking tour

A walking tour of Galway has been organised for after the conference and before the evening meal.

#### Dinner

The High Café in Galway has been reserved for dinner after the conference and all those attending are welcome. The High Café speciality is Mediterranean and Moroccan cuisine but they also do Indian dishes, pizza and classic favourites so there is something for everybody. Dishes are very reasonably priced with a starter and a main course available for €15.95. The restaurant also has a bring your own bottle provision.

If you wish to attend the post-conference dinner, please check the box on the registration page so that we can provide the restaurant with an estimate of the numbers they should expect.

#### Cliffs of Moher and the Burren Tour

A tour of the Cliffs of Moher and the Burren has also been arranged for the day after the conference. The coach will depart from Galway City the morning after the conference, will bring everyone on a day tour of the Cliffs of Moher and the Burren, and will drop you all in Limerick City at the end of the day. This will be a very convenient and enjoyable way to travel for those attending the meeting in University of Limerick on the 25<sup>th</sup> of May 2017. The special rate that we have obtained is also very reasonable and includes the entry price in to the interpretive centre at The Cliffs of Moher.

**Cost:** €20pp- which includes pick up in Galway, a tour of the Cliffs of Moher and the Burren, and drop off in Limerick.

If you wish to go on the tour please check the box on the registration page so that we can provide the bus company with an estimate of the numbers they should expect.

### The Cliffs of Moher



Standing 214m (702 feet) at their highest point the Cliffs of Moher stretch for 8 kilometres (5 miles) along the Atlantic coast of County Clare in the west of Ireland. On a clear day one can see the Aran Islands and Galway Bay, as well as the Twelve Pins and the Maum Turk mountains in Connemara, Loop Head to the south and the Dingle Peninsula and Blasket Islands in Kerry.

## The Burren



The Burren, in North County Clare and parts of South County Galway covering an area of 160 square km, is unique - it is like no other place in Ireland. There are no bogs and very few pastures. Instead there are huge pavements of limestone called 'clints' with vertical fissures in the called 'grikes'. The Burren is famous internationally, not just because of its

beautiful limestone landscapes but also because of the remarkable flora of the region and its rich archaeological heritage.

## **Abstract Submission**

We invite you to submit abstracts that are directly related to the conference theme-Participative Health Research- for an oral presentation and/or poster contribution using the online abstract submission form. We would also welcome applicants to submit a proposal for a workshop that they would like to give in their area of expertise.

Abstracts should provide a succinct account of the proposed oral presentation/poster/workshop in no more than 300 words (excluding the title). Abstracts presenting original research should address: context and background, aim of the study, research methodology, key findings and conclusions. Digital posters will also be accepted.

Please submit abstracts and posters in PDF format.

Deadline for submission is 14th April 2017.

Final acceptance is conditional upon registration of presenters.

Poster presentations will take place throughout the day.

# **Keynote Speakers**

We are pleased to confirm the following keynote speakers:

Dr Jon Salsberg and Professor Anne MacFarlane

Dr Jon Salsberg, PhD Jon Salsberg is a founding member of Participatory Research at McGill (PRAM), in the Department of Family Medicine, McGill University in Montreal, Canada. For over 15 years, he has worked in participatory health research with a wide range of stakeholders from policy, community and clinic, and is a core researcher on the ground-breaking Kahnawake Schools Diabetes Prevention Project. Jon is co-author of the Canadian Institutes of Health Research (CIHR) Guide to Researcher and Knowledge-User Collaboration in Health Research, as well as the widely cited systematic realist review uncovering the benefits of participatory research in health (Milbank, 2012). His current research takes a social network view of how communities take ownership of academic research. Jon has recently taken up the post of Senior Lecturer in Primary Care – Public and Patient Involvement, in the University of Limerick Graduate Entry Medical School.

#### Professor Anne MacFarlane, PhD

Anne MacFarlane is Professor of Primary Healthcare Research at the Graduate Entry Medical School (GEMS), University of Limerick. She is the first social scientist to hold a Chair in academic primary care in Ireland. Anne has 20 years' experience of using qualitative research methods with a portfolio of completed health services research projects and educational research projects. She leads the Public and Patient Involvement (PPI) research group and is theme leader for PPI in the Health Research Institute.

Anne's research Interests include Public and Patient Involvement in Research, Participatory Health Research, Migrant Health, Implementation science. Anne has just completed co-ordination of a 2.9 million euro EU FP7 project Research into implementation Strategies to support patients of different origins and language background in variety of European primary care settings RESTORE http://www.ul.ie/gems/restore and is working on international dissemination of RESTORE findings to academic and policy audiences. She is Principal Investigator (2014-2107) for a Health Research Board Research Award (333,000) for a project about Primary Care Teams and their implementation in the Health Service Executive http://www.ul.ie/gems/hrb-primary-care-reform-ireland. Anne is also Co-Principal O' with Dr. Austin Carroll for Partnership Investigator the for Health **Equity** http://www.ul.ie/gems/partnership-health-equity.

## **Conference Venue**



The conference will be held in The Institute for Lifecourse and Society (ILAS). The ILAS is a newly designated research institute for the applied social sciences at NUI Galway. The Institute supports applied research that informs policy development and practice to make a positive difference to people's lives. ILAS brings together existing work in relation to targeted populations, such as older persons, children and families, and persons with disabilities into one domain of research, teaching and policy. The core function of the Institute is the pursuit of interdisciplinary research in the social sciences by creatively integrating the rich and diverse intellectual resources from within the University and beyond.

## Directions to the ILAS Building, NUI Galway:

## From the South

From Cork or Limerick, approach Galway on the N18. You will by-pass Ennis & Gort and pass through Adrahan and Clarinbridge.

Arrive at the Oranmore roundabout just outside Galway. Take the second exit at this roundabout.

## From Oranmore to NUI Galway

Follow R446 to Bothar na dTreabh/N6 in Galway City

At the roundabout, continue straight onto R446

At Martin Roundabout, take the 2nd exit onto Bothar na dTreabh/R446

Follow N6 to Upper Newcastle

At Coolagh Roundabout, take the 1st exit onto Bothar na dTreabh/N6

At Kirwan Roundabout, take the 2nd exit onto Headford Rd/N6

Turn right onto N6/R338

At Browne Roundabout, take the 5th exit to double back and stay on N6/R338

Turn left onto Upper Newcastle Road

Follow the Road for 750m and turn right for Corrib Village. The ILAS Building is directly on your left. Parking is 100m past the building at the Corrib Village Park and Ride

## From the North/East

From Dublin and Belfast, continue onto M4 (signs for Sligo). At junction 1, exit onto M6 toward

Galway and follow signs for Galway.

Arrive at roundabout off M6. Take the first exit at this roundabout and the third exit at the next roundabout just up ahead which will bring you on to the Dublin Road. Continue onto N6

Follow N6 to Upper Newcastle

At Coolagh Roundabout, take the 1st exit onto Bothar na dTreabh/N6

At Kirwan Roundabout, take the 2nd exit onto Headford Rd/N6

Turn right onto N6/R338

At Browne Roundabout, take the 5th exit to double back and stay on N6/R338

Turn left onto Upper Newcastle Road

Follow the Road for 750m and Turn right for Corrib Village.

The ILAS Building is directly on your left. Parking is 100m past the building at the Corrib Village Park and Ride.

# **Travelling by Public Transport**

From the city centre, you can take a taxi to the university or can also take the No.4 Bus and ask the driver to let you off near the university. This bus departs from Eyre Square which is near the train station-exit the train station and walk straight up the hill and past the green in the centre of the square.

When taking a Taxi, please ask to go past Corrib Village; the ILAS building is brand new, and is not yet well known.

If you are walking, the Campus Map offers a great guide to find your way around the University <a href="http://www.nuigalway.ie/campus-map/static.php">http://www.nuigalway.ie/campus-map/static.php</a>